

April 2020 Menu

Miami Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 1% Milk Chicken Alfredo Fettuccini Noodles Green Beans, Salad Apples, Bread	2 1% Milk Cheeseburger/Potato wedges, Corn on cob wwBun, Lettuce Tomato Apple Sauce	3 1% Milk Fish Taco, Cabbage Cucumber, Tomato Beans, Corn Tortilla Peaches	4	5
6 1% Milk Chicken & Dumplings Broccoli & Roasted Potatoes, Biscuit Fruit Mix	7 1% Milk Meatloaf ww Roll Mashed Potato, Carrots Apricot Halves	8 1% Milk Chicken Marinara/Roll Zucchini, Coleslaw Peaches	9 1% Milk BBQ Beef, Baked Beans Coleslaw Burger Bun Pineapple Chunks	10 Closed Good Friday	11	12 Easter Sunday
13 1% Milk Teriyaki Chicken, Rice Asian Salad WW/Bread Oatmeal Cookie	14 1% Milk Salisbury Steak Mashed Potato w/Gravy Green Beans Fruit Cup	15 1% Milk Honey Ham Roasted Potatoes Peas ww/Roll Orange Slices	16 1% Milk Turkey a La King Noodles, Spinach, Biscuit Watermelon	17 1% Milk Chile Rallanos, Pinto Beans, Salad Spanish Rice Banana w/Van Pudding	18	19
20 1% Milk Pork Chop w/Apple stuffing & Gravy Rice Pilaf, Broccoli Apricots	21 1% Milk Chicken Salad Sandwich Pea Soup Ambrosia Salad ww/Roll	22 1% Milk Chicken Strips Potato Wedges, Ranch Beans Peaches	23 1% Milk Taco Salad, Cucumber Salad, Mexican Rice Oranges	24 1% Milk Polish Sausage Corn, Baked Beans Pineapple	25	26
27 1% Milk Shredded Pork, Tortilla Calabazitas Spanish Rice Apricots	28 1% Milk Enchilada Pie, Refried Beans, Tomato Salad Corn Orange	29 1% Milk Baked Fish on a Bun Chuck Wagon Corn Hot Potato Salad Ambrosia salad	30 1% Milk Pesole, Tortilla Beans, Fresh Cabbage Tomato Salad Sliced Strawberries			

Notes: Miami Senior Center 506 Live Oak Street Miami, Arizona 85539 928-473-4190

The Miami Senior Center cannot deliver home bound meals without authorization from case manager. Many people believe that they just have to call the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens. 1-800-293-9393. Miami Senior Center complies with provisions of the ADA and Civil Rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, origin or gender.

Suggested Donations: Home Delivered Meals \$2.00 and Congregate Meals \$2.00